

## **Genesys Learning Institute Presents Free Mini-Medical School to the Public**

Genesys Regional Medical Center's Genesys Learning Institute (GLI) once again will offer free classes for the public to learn more about their health and how to lead a healthier lifestyle. These classes take place every Monday evening from 6 p.m. to 9 p.m., at Genesys Conference and Banquet Center through March 23.

Here is the schedule of classes. You can pick and choose which ones you would like to attend.

### **March 2**

Aging - mental and physical health: dementia, alzheimer's disease and other conditions that come with an aging population

Instructor: Matthew Weiss, DO, geriatrician at Genesys

Blood tests: what they mean

Instructor: Brenda Fortunate, DO, family practitioner at Genesys

### **March 9**

Clinical trials and medicine: the importance of research and clinical trials

Instructor: Kimberly Barber, PhD, director of the Genesys Office of Research

The GI system: diseases that affect the gastrointestinal system and preventive procedures

Instructor: Justin Miller, DO, gastroenterologist

### **March 16**

Joint pain and when to seek treatment

Instructor: Edward Lis, DO, orthopedic surgeon

A healthy mouth, a healthy you

Instructor: Jay Werschky, DDS, Genesee County dentist

### **March 23**

Broken bones and their treatments

Instructor: James Heming, DO, orthopedic surgeon

Differences between osteoarthritis and rheumatoid arthritis

Instructor: Hal Martens, DO, rheumatologist

To sign up for the classes of your choice, call the Genesys Learning Institute at 810-606-7725 or go to the Genesys website at [www.genesys.org](http://www.genesys.org) and click the [Genesys Learning Institute](#) link.

(here is the hyperlink address if you need it:

<http://www.genesys.org/GRMCWeb.nsf/0/B409841B3755909D852573070071DD1B>)

"Genesys chose to offer mini-medical school classes to support the public in their pursuit of health and wellbeing by helping our community become more educated consumers when it comes to their health," reports Karen Burdick, director of the Genesys Learning Institute. "And they will learn from the experts; most of the classes are taught by physicians who specialize in that medical area."

Genesys Conference and Banquet Center is located on the Genesys Regional Medical Center campus at Health Park in Grand Blanc Township (Holly Road exit 108 off I-75).